



Village Route

Manteigas - Green Tracks
www.manteigatrilhosverdes.com

PR
3
MTG



Extension: **1,8** km (2,3 km with variants)

Duration: **1 hour** (approx.)

Altitude: between **740** and **804** meters

Type: **Circular**

Advised direction: **Opposite to clockwise**

BTT: **Yes** (with limitations)



QR Code
For reading, point your mobile phone camera and activate the capture of the code.

Difficulty: **Easy**



Village Route



The Village of Manteigas it's located in the middle mountain range of Serra da Estrela, embedding itself in the River Zêzere Glacier Valley.

By contemplating the landscape, the visitor is confronted with typical streets, traditional houses and monuments of faith and religion, urban and natural heritage of an unique beauty.

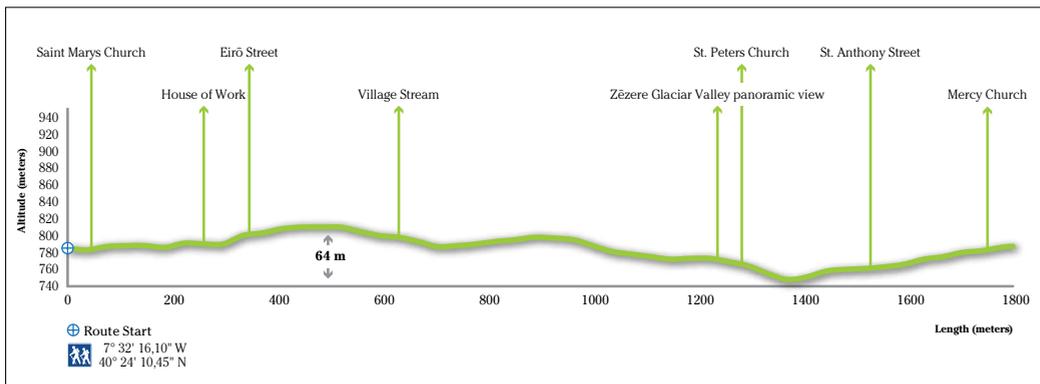
It's an area of special interest where the urban area fits perfectly in the panoramic view of Zêzere Glacier Valley U-shaped (created by ice that forms a dome at the top of the mountain from which diverge water lines that flow through the valleys).

The village heritage is very rich and tells a beautiful “beirã” story, related to the grazing activity the wool and the forest.

In what concerns to churches, the prime Church of Manteigas is **Santa Maria** (Saint Mary), stands for being



Relevant points





Calvary Lord Chapel

the oldest in the village, its neo baroque longitudinal plant with nave, narrower chancel, flanked by vestries.

Together with the Santa Maria (Saint Mary) Church which is located in the rear, the **Nosso Senhor do Calvário** (Our Calvary Lord) chapel imposes a broad plaza. This is a Chapel dated from 1916, square plant and with a unique interior space, where you can see a coverage ceiling wooden trough.

The Misericórdia (Mercy) Church was built between 1685 and 1688, on the spot where once stood the **São João Baptista** (St. John the Baptist) chapel (1260).

Its location is in the oldest part of the village, where is assumed to have been the center for the irradiation of its



Route detail



Route detail



Route detail



Route detail



Mercy Church



St. Peter's Church

growth and development, it is a fact that launch the doubt, for some, if wasn't this the really first church of Manteigas.

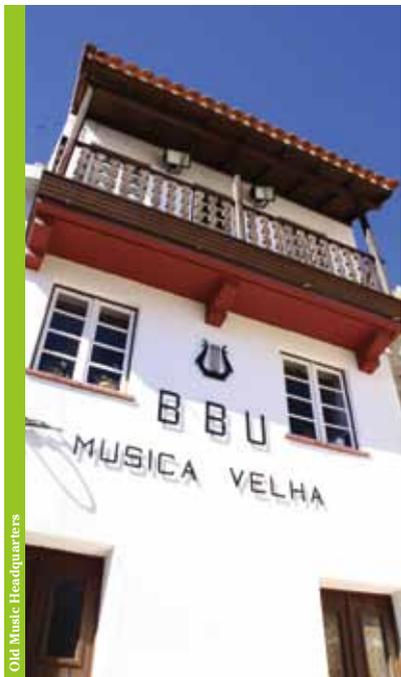
The **São Pedro** (St. Peter) church, in turn, is a nineteenth century church building with Latin cross plan and side chapels.

Others religious symbols of the village are the **Alminhas** (Little Souls) that are located on the front of one of the buildings in the oldest part of the village. The Alminhas (Little Souls) are connected with the belief in purgatory, symbolized by a bonfire where all souls must pass to be purged with fire from venial sins.

In what concerns to the urban patrimony is to enhance the building of the **Works House Manor**, built in the second half of the eighteenth century, a robust construction, with a blazon at the top to confer the nobility title. The near 50 years that mediate its construction gave name to this monument, classified in 1982 as public interest building by the IGESPAR.



Little Souls



Right in the center of the village stands the **City Hall of Manteigas**, with a political and administrative architecture of the twentieth century, designed from scratch to public service.

The cultural nature, namely, from the music, was born in Manteigas in the nineteenth century when Manteigas was visited by a company of clowns. The locals bought some instruments to this company, and then was born the will and desire to learn. The initial noise evolved to the creation of music and led to the birth of the **Music Band**.

Currently, Manteigas has two poles of music nature, **Sede da Música Velha** (Old Music Headquarters) – **Banda Nova União** (New Union Band) and the **Sede da Música Nova** (New Music Headquarters) – **Associação Recreativa Filarmónica Popular Manteiguense** (Manteiguense Popular Philharmonic Recreate Association).

Among the festivities of Manteigas village stands the **Festa do Senhor do Calvário** (Calvary Lord Feast), the saint patron of Manteigas which takes place in the third Sunday of August.

The story says that broke down a storm so strong that took the baroques from the mountain to “dumping” continuously from the hills, dragging boulders to the village. The locals joined altogether in front of the Senhor do Calvário (Calvary Lord) Chapel and asked for clemency. The storm calm down.

Another important celebration of the village is the **Festa Nossa Senhora da Graça** (Our Lady of Grace Festival) that takes place on the 8th of September.

The tradition says that the Lady intervened in favour of some sailors that, in high sea, were caught by a big storm menacing to bury them with the boat in the bottom of the ocean. By begging the divine protection they saw a smiling Virgin figure appear that led them in calm weather into a safe harbor.

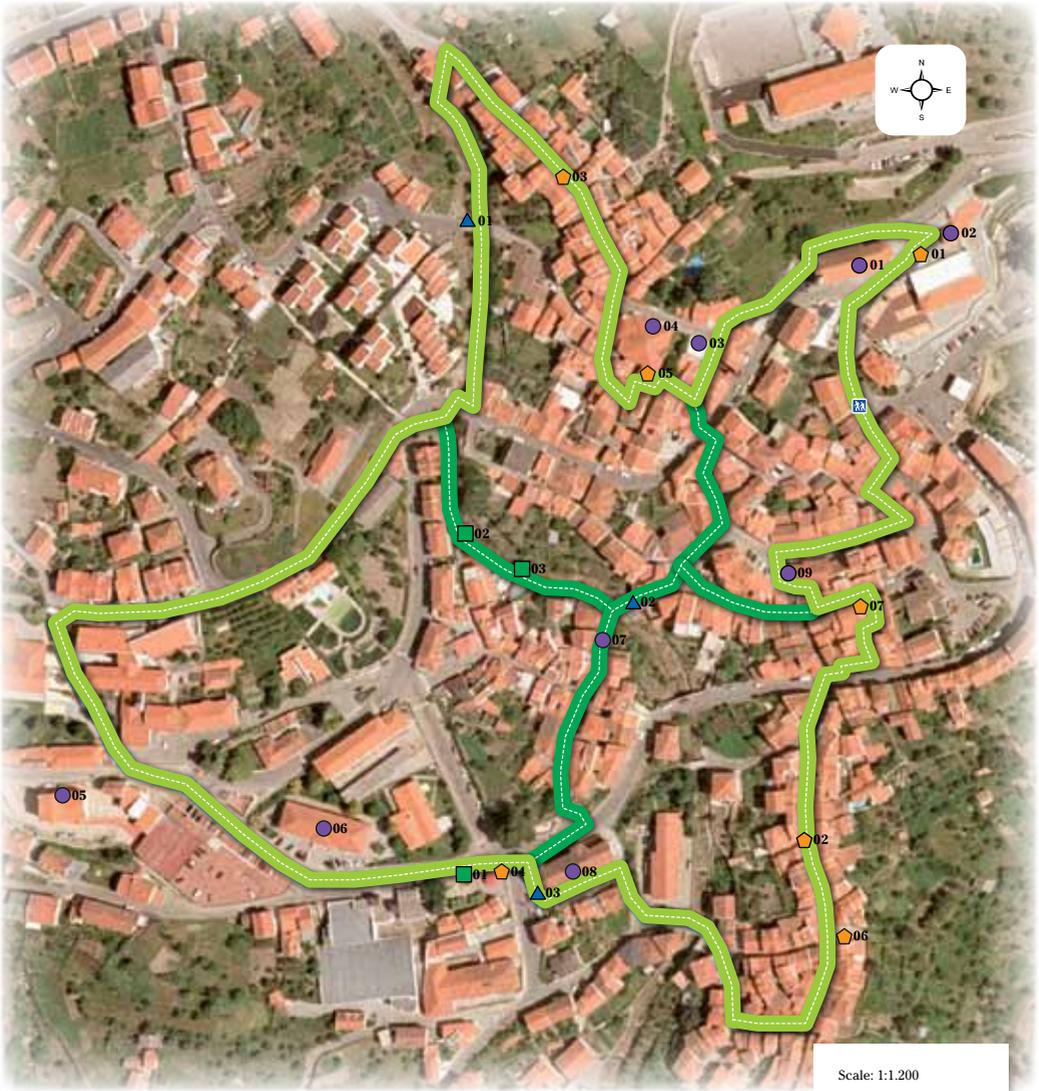
The sailors in a gesture of recognition offered a silver lamp box which is suspended in the ceiling of the choir of Manteigas São Pedro (Saint Peter) church.





House of work Manor

Village Route



Legend

Route Start
7° 32' 16,10" W
40° 24' 10,45" N

Village Route
 Alternatives

Flora

- 01 - Fir (*Abies sp*)
- 02 - White Willow (*Salix alba*)
- 03 - English holly (*Ilex aquifolium*)

Fauna

- House Sparrow (*Passer domesticus*)
- Common Blackbird (*Turdus merula*)
- Common Swift (*Apus apus*)

Natural Landscape

- 01 - Village stream and Urban Humanized Landscape (Manteigas) with panoramic view over the Zêzere Glacier Valley
- 02 - Village stream
- 03 - Zêzere Glacier Valley panoramic view

Human Landscape

- 01 - Bandstand
- 02 - Street of the ancient metropolis - St. Anthony Street
- 03 - Street of the ancient metropolis - Eirô Street
- 04 - Bandstand
- 05 - Manteigas traditional houses
- 06 - Terraces
- 07 - Manteigas traditional houses

Patrimony

- 01 - St. Marys Church
- 02 - Calvary Lord Chapel
- 03 - Old Music Headquarters – Good Union Band
- 04 - House of Works
- 05 - New Music Headquarters – Manteigas Popular Recreation Philharmonic Association
- 06 - Manteigas City Hall
- 07 - Little Souls
- 08 - St. Peters Church
- 09 - Mercy Church

Scale: 1:1.200

0 10 20 40 meters