



# Reboleira Route

Manteigas - Trilhos Verdes

[www.manteigatrilhosverdes.com](http://www.manteigatrilhosverdes.com)

**PR  
8  
MTG**



Extension: **15,8 km** (25,8 km with derivations and variables)

Duration: **5 hours** (approx.)

Altitude: between **566** and **1052** meters

Type: **Circular**

Advised direction: **Opposite to clockwise**

BTT: **Yes**



**QR Code**

For reading, point your mobile phone camera and activate the capture of the code.

Difficulty: **Medium**



# Reboleira Route

On **Reboleira Route** you can admire landscapes marked by human presence, through the villages that white dot the intense green of the horizon, the flaps carved into the earth, terraces, marshes, woods and fallow and grazing areas.

You can also witness the influence of shale in the mountain lodges and walls that adorn part of the journey and that typify the landscape.

One of the most prominent locations on **Reboleira Route** which is evidenced by its characteristic native vegetation through the intermediate floor is Souto's district. Known locally as "**Reboleiro**", this wild tree produces small but very tasty nuts that are dry by the fireplace in winter and constituted an important food source in the past. As the name suggests, the **Souto's County** is an area property of



Route detail

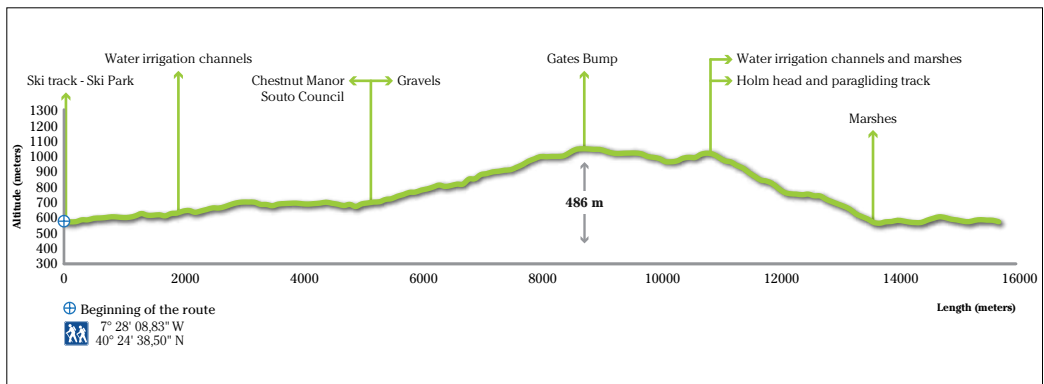


Route detail



Zêzere River

## Relevant points





Route detail



Route detail

the Municipality of Manteigas and that wins in the autumn a multicolour expression of extreme natural beauty.

The **Reboleira Route** provides a unique opportunity to walk a trail flooded by the beauty of **Zêzere River Valley** by the immensity of the Mountain, by the magnificence of mixed and coniferous forests, populated by species of invaluable and unique geological phenomenon, such as the case of gravel, which represent deposits of coarse rock fragments, not consolidated, lithology and mobility variables, usually located in pending tilt moderate to strong, colonized, or not by vascular vegetation, especially in a unique way the natural landscape that surrounds the trail.

This route also gives a clue to know **Ski - SkiParque**, which offers the possibility of skiing and snowboard all year on synthetic tracks.

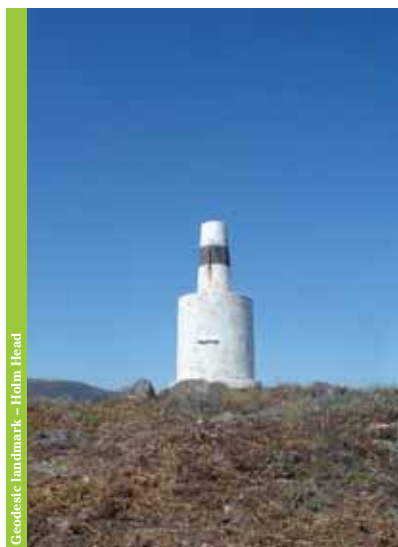
The Reboleira Route allows the observation of floristic species of great conservationist interest as is the case of *holly*, *oak*, etc..

You can still see the *alder*, the *strawberry*, *chestnut*, *hawthorn*, *heather*, the *briar*, etc..

The habitats diversity equals a multi variety of **fauna**, highlighting *montagu's harrier*, *pyrenean desman*, the *great horseshoe bat*, the *less horseshoe bat*, *ladder snake*, the *tawny owl*, the *common kestrel*, *wild boar*, *fox*, among others.

Close to rail can be found some bee hives that you should not in any way disturb!

The walkers who can develop anaphylactic reactions should take extra care.



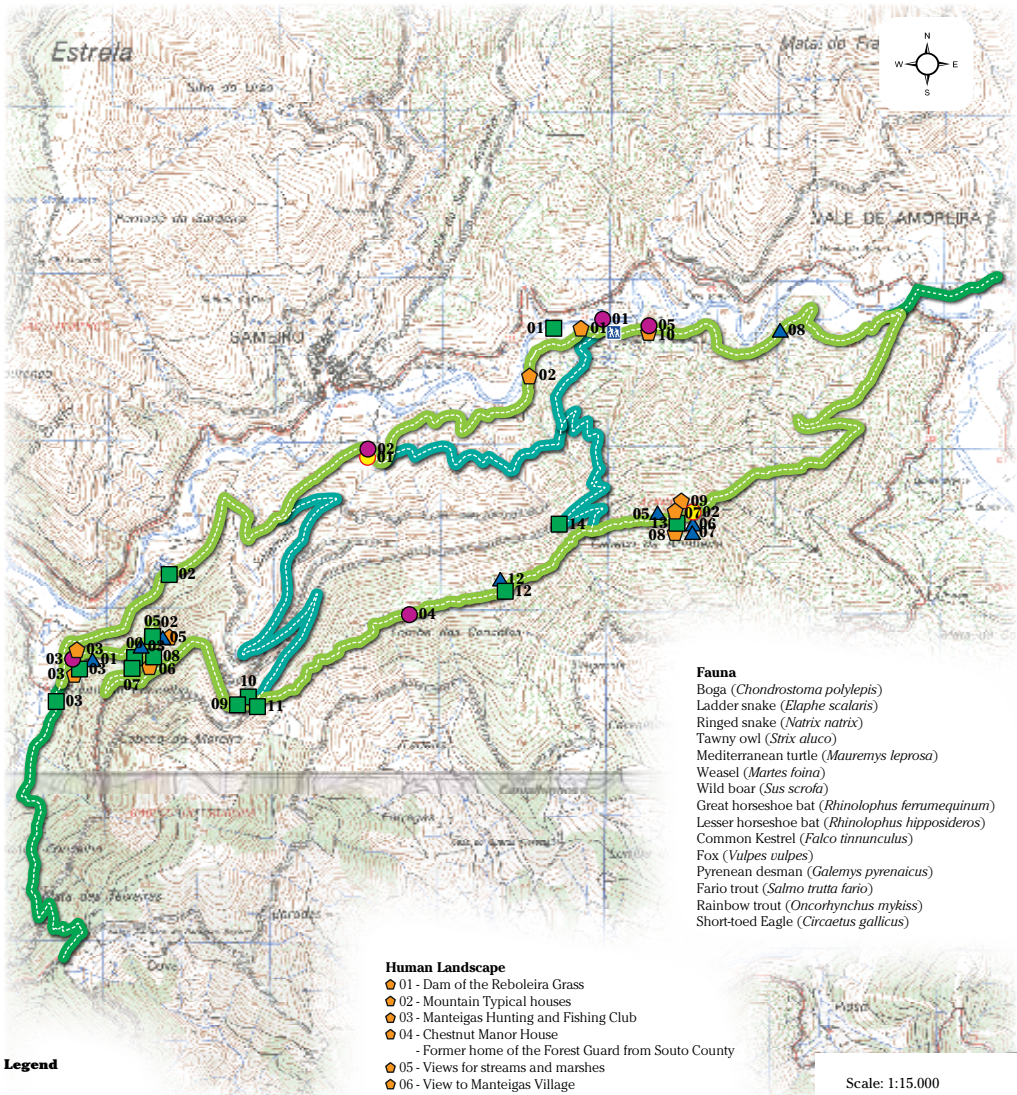
Geodesic landmark – Holm Head



Route detail



Route detail



**Legend**

Start of Route  
07° 28' 08,83" W  
40° 24' 38,50" N

- Reboleira Route
- Reboleira Route - derivations
- Reboleira Route - variables

**Observation Places**

- 01 - Stone table laid by the forest guards
- 02 - Gazebo – Holm head

**Rest places**

- 01 - Camping and caravanning
- 02 - Stone table laid by the forest guards
- 03 - Chestnut Manor House – Souto council
- 04 - "Lomba das Cancelas"
- 05 - Ski Park Lane - SkiParque

**Human Landscape**

- 01 - Dam of the Reboleira Grass
- 02 - Mountain Typical houses
- 03 - Manteigas Hunting and Fishing Club
- 04 - Chestnut Manor House  
- Former home of the Forest Guard from Souto County
- 05 - Views for streams and marshes
- 06 - View to Manteigas Village
- 07 - View to Amoreira Valley
- 08 - Geodesic Mark
- 09 - Primary net of prevention forest fires
- 10 - Ski Track - Ski Parque

**Flora**

- 01 - Holm oak (*Quercus ilex*)
- 02 - Holly (*Ilex aquifolium*)
- 03 - Common Alder (*Alnus glutinosa*)
- 04 - White poplar (*Populus alba*)
- 05 - Rosemary (*Lavandula stoechas*)
- 06 - Torga (*Erica umbellata*)
- 07 - Chestnut (*Castanea sativa*)
- 08 - Sargasso (*Halimium alyssoides*)
- 09 - Briar (*Rosa micrantha*)
- 10 - Hawthorn (*Crataegus monogyna*)
- 11 - Maritime Pine (*Pinus pinaster*)
- 12 - Flax-leaved Daphne (*Daphne gnidium*)
- 13 - Ash (*Fraxinus angustifolia*)
- 14 - Common Strawberry (*Arbutus unedo*)

**Fauna**

- Boga (*Chondrostoma polylepis*)
- Ladder snake (*Elaphe scalaris*)
- Ringed snake (*Natrix natrix*)
- Tawny owl (*Strix aluco*)
- Mediterranean turtle (*Mauremys leprosa*)
- Weasel (*Martes foina*)
- Wild boar (*Sus scrofa*)
- Great horseshoe bat (*Rhinolophus femumequinum*)
- Lesser horseshoe bat (*Rhinolophus hipposideros*)
- Common Kestrel (*Falco tinnunculus*)
- Fox (*Vulpes vulpes*)
- Pyrenean desman (*Galemys pyrenaicus*)
- Fario trout (*Salmo trutta fario*)
- Rainbow trout (*Oncorhynchus mykiss*)
- Short-toed Eagle (*Circetus gallicus*)

**Natural Landscape**

- 01 - Gravel
- 02 - Zêzere River Valley with steep forested hardwood - walnut (Souto's County)
- 03 - Zêzere River Valley forested slopes with hardwoods - oaks and strawberry tree
- 04 - View of coniferous forest
- 05 - View of the Head of the Holm
- 06 - View to Mixed Forest
- 07 - View of the Head of the Holm
- 08 - View of the Zêzere River Valley

Scale: 1:15.000

