



# Amoreira Valley Route

Manteigas - Trilhos Verdes

[www.manteigatrilhosverdes.com](http://www.manteigatrilhosverdes.com)

PR  
9  
MTG



Extension: **5 km** (6,4 km with derivations)

Duration: **4 hours** (approx.)

Altitude: between **550** and **726** meters

Type: **Circular**

Advised direction: **Clockwise direction**

BTT: **Yes**



**QR Code**

For reading, point your mobile phone camera and activate the capture of the code.

Difficulty: **Medium**



# Amoreira Valley Route



Route detail

The “**Amoreira**” **Valley Route** is strongly marked by human influence, allowing the walkers to explore the natural, cultural and landscape patrimony of the parish. Its landscape is characterized by a huge variety of mosaics interspersed with thickets, sloughs, vegetation spots, paths, walls, schist buildings, little streams, terraces and coniferous forests.

In the **humanized patrimony** is possible to observe narrow streets, lined with typical houses, and make contact with the historic-religious culture of the local population, particularly with the visit to the **Our Lady of Annunciation Chapel** (Capela da Nossa Senhora da Anunciação), the parish patron, from the beginning of the XIV century.

The highest altitude, the Amoreira Valley Route reveals beautiful views over the rural **humanized landscape**, with a overview of dense forests and agricultural fields located on the hill flank – **Valley Farms**.



Route detail



Casa em xisto

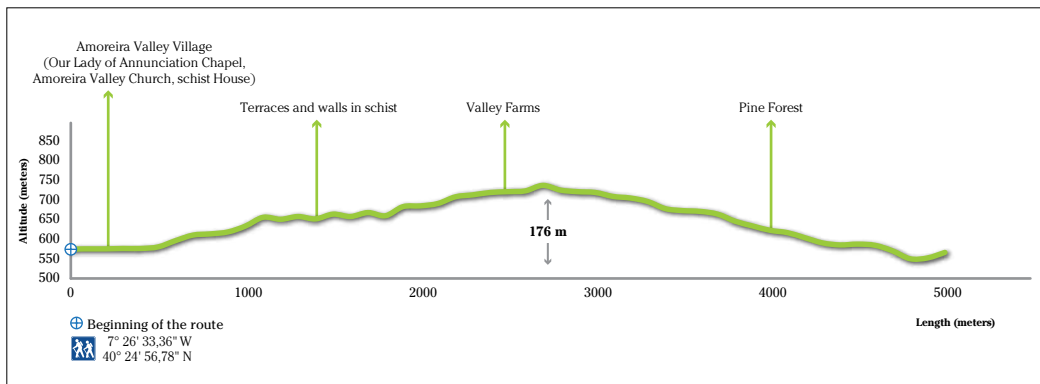


Route detail



Route detail

## Relevant points







Route detail

The extraordinary diversity morphological and chromatic of the path is conferred, among others factors, for the vegetation variety. It deserves special note the **wild pine** forestation that arises, in the region, such as forestry exploitation par excellence, supporting the most diverse soil and climatic conditions.

Consequence of the human influence along the trail, there are **olive groves, vineyards, cornfields** and the **ryegrass meadows** alternating with them.

These forest areas, along with bushes and water lines, provide diversity of **fauna and flora**, and we can observe species like the *lesser horseshoe bat* and the *greater horseshoe bat* that faces a high risk of extinction. In this path are also presents the *montagu's harrier*, the *wild rabbit*, the *crow*, the *common scops owl* and the *european polecat*, among others.



Route detail

# Amoreira Valley Route

## Legend



Beginning of the Route  
7° 26' 33,36" W  
40° 24' 56,78" N



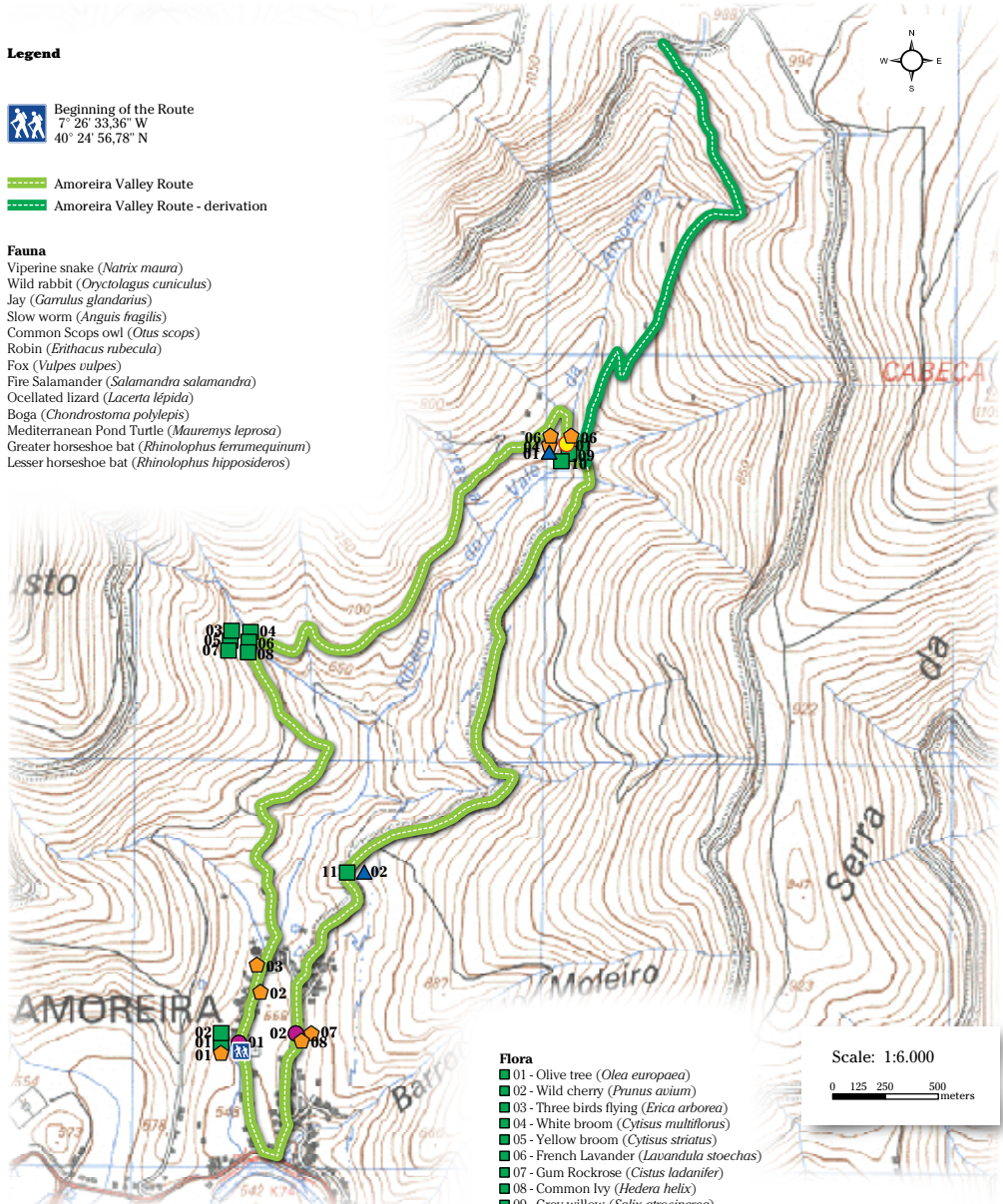
Amoreira Valley Route



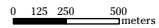
Amoreira Valley Route - derivation

## Fauna

- Viperine snake (*Natrix maura*)
- Wild rabbit (*Oryctolagus cuniculus*)
- Jay (*Corvus glandarius*)
- Slow worm (*Anguis fragilis*)
- Common Scops owl (*Otus scops*)
- Robin (*Erithacus rubecula*)
- Fox (*Vulpes vulpes*)
- Fire Salamander (*Salamandra salamandra*)
- Ocellated lizard (*Lacerta lepida*)
- Boga (*Chondrostoma polylepis*)
- Mediterranean Pond Turtle (*Mauremys leprosa*)
- Greater horseshoe bat (*Rhinolophus feminequinum*)
- Lesser horseshoe bat (*Rhinolophus hipposideros*)



Scale: 1:6.000



## Flora

- 01 - Olive tree (*Olea europaea*)
- 02 - Wild cherry (*Prunus avium*)
- 03 - Three birds flying (*Erica arborea*)
- 04 - White broom (*Cytisus multiflorus*)
- 05 - Yellow broom (*Cytisus striatus*)
- 06 - French Lavander (*Lavandula stoechas*)
- 07 - Gum Rockrose (*Cistus ladanifer*)
- 08 - Common Ivy (*Hedera helix*)
- 09 - Grey willow (*Salix atrocinerea*)
- 10 - Bay Leaf (*Laurus nobilis*)
- 11 - Maritime Pine (*Pinus pinaster*)

## Human Landscape

- 01 - Our Lady of Annunciation Chapel
- 02 - Typical schist House
- 03 - Amoreira Valley Church
- 04 - Schist Walls
- 05 - Farms of agricultural production located in the Hill flank – Valley Farms
- 06 - Terraces
- 07 - Amoreira Valley Village
- 08 - Amoreira Valley Urban Park

## Natural Landscape

- ▲01 - Torrential water line affluent of the Zézere River
- ▲02 - Softwood Forest (Maritime Pine Forest)

## Resting Places

- 01 - Garden - Amoreira Valley
- 02 - Amoreira Valley Urban Park

## Observation Points

- 01 - Belvedere