



Amoreira Valley Route

Manteigas - Trilhos Verdes

www.manteigatrilhosverdes.com

**PR
9
MTG**



Extension: **5 km** (6,4 km with derivations)

Duration: **4 hours** (approx.)

Altitude: between **550** and **726** meters

Type: **Circular**

Advised direction: **Clockwise direction**

BTT: **Yes**



QR Code

For reading, point your mobile phone camera and activate the capture of the code.

Difficulty: **Medium**



Amoreira Valley Route

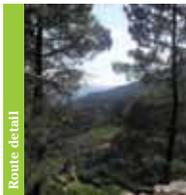


Route detail

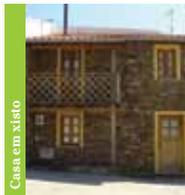
The “**Amoreira**” **Valley Route** is strongly marked by human influence, allowing the walkers to explore the natural, cultural and landscape patrimony of the parish. Its landscape is characterized by a huge variety of mosaics interspersed with thickets, sloughs, vegetation spots, paths, walls, schist buildings, little streams, terraces and coniferous forests.

In the **humanized patrimony** is possible to observe narrow streets, lined with typical houses, and make contact with the historic-religious culture of the local population, particularly with the visit to the **Our Lady of Annunciation Chapel** (Capela da Nossa Senhora da Anunciação), the parish patron, from the beginning of the XIV century.

The highest altitude, the Amoreira Valley Route reveals beautiful views over the rural **humanized landscape**, with an overview of dense forests and agricultural fields located on the hill flank – **Valley Farms**.



Route detail



Casa em xisto

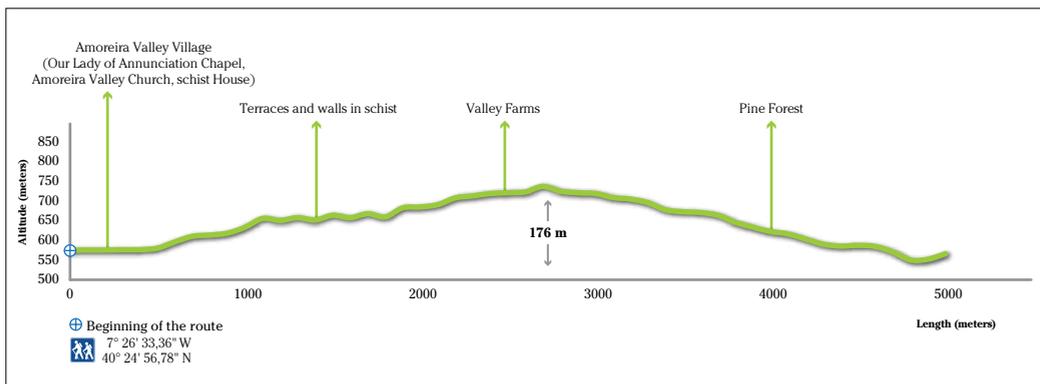


Route detail



Route detail

Relevant points



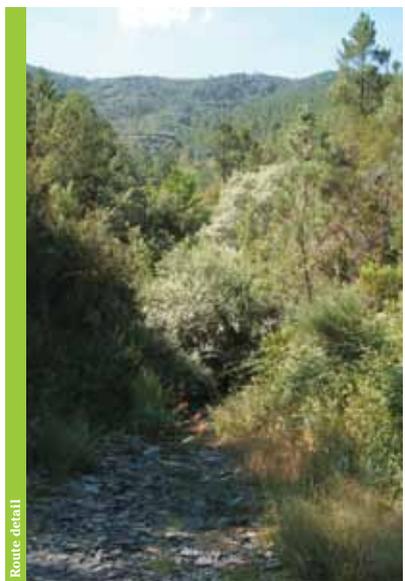


Route detail

The extraordinary diversity morphological and chromatic of the path is conferred, among others factors, for the vegetation variety. It deserves special note the **wild pine** forestation that arises, in the region, such as forestry exploitation par excellence, supporting the most diverse soil and climatic conditions.

Consequence of the human influence along the trail, there are **olive groves, vineyards, cornfields** and the **ryegrass meadows** alternating with them.

These forest areas, along with bushes and water lines, provide diversity of **fauna and flora**, and we can observe species like the *lesser horseshoe bat* and the *greater horseshoe bat* that faces a high risk of extinction. In this path are also presents the *montagu's harrier*, the *wild rabbit*, the *crow*, the *common scops owl* and the *european polecat*, among others.



Route detail

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Legend



Beginning of the Route
7° 26' 33,36" W
40° 24' 56,78" N



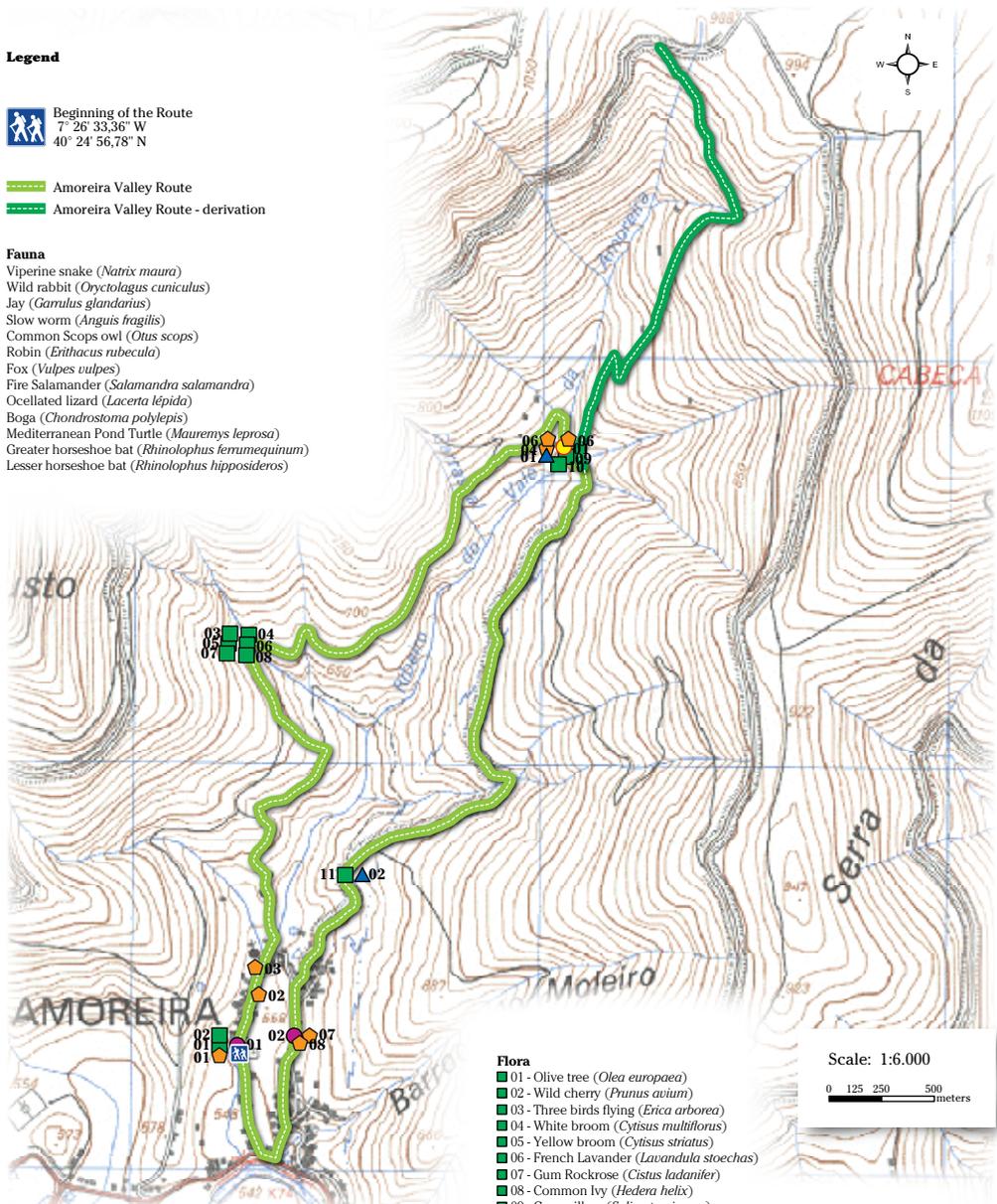
Amoreira Valley Route



Amoreira Valley Route - derivation

Fauna

Viperine snake (*Natrix maura*)
Wild rabbit (*Oryctolagus cuniculus*)
Jay (*Corvus glandarius*)
Slow worm (*Anguis fragilis*)
Common Scops owl (*Otus scops*)
Robin (*Erithacus rubecula*)
Fox (*Vulpes vulpes*)
Fire Salamander (*Salamandra salamandra*)
Ocellated lizard (*Lacerta lepida*)
Boga (*Chondrostoma polylepis*)
Mediterranean Pond Turtle (*Mauremys leprosa*)
Greater horseshoe bat (*Rhinolophus feminequinum*)
Lesser horseshoe bat (*Rhinolophus hipposideros*)



Flora

- 01 - Olive tree (*Olea europaea*)
- 02 - Wild cherry (*Prunus avium*)
- 03 - Three birds flying (*Erica arborea*)
- 04 - White broom (*Cytisus multiflorus*)
- 05 - Yellow broom (*Cytisus striatus*)
- 06 - French Lavander (*Lavandula stoechas*)
- 07 - Gum Rockrose (*Cistus ladanifer*)
- 08 - Common Ivy (*Hedera helix*)
- 09 - Grey willow (*Salix atrocinerea*)
- 10 - Bay Leaf (*Laurus nobilis*)
- 11 - Maritime Pine (*Pinus pinaster*)

Human Landscape

- 01 - Our Lady of Annunciation Chapel
- 02 - Typical schist House
- 03 - Amoreira Valley Church
- 04 - Schist Walls
- 05 - Farms of agricultural production located in the Hill flank – Valley Farms
- 06 - Terraces
- 07 - Amoreira Valley Village
- 08 - Amoreira Valley Urban Park

Natural Landscape

- ▲01 - Torrential water line affluent of the Zézere River
- ▲02 - Softwood Forest (Maritime Pine Forest)

Resting Places

- 01 - Garden - Amoreira Valley
- 02 - Amoreira Valley Urban Park

Observation Points

- 01 - Belvedere